



# PORCH TALK



July 2012

Port Norfolk Civic League, P. O. Box 7114, Portsmouth VA 23707

## Board Contacts

**President**  
Tom Getz  
377-3578

**Vice-President**  
Amy O'Donnell  
739-6433

**Treasurer**  
Stephanie Herman  
637-0081

**Recording Secretary**  
Dorothy Parker  
399-1498

**Corresponding Secretary**  
Nicole Macaulay  
537-0589

**HPC/Stabilization**  
John Lifsey  
399-2383

**Environmental**  
Will Sanders

**Homes Tour**  
Tammy Lifsey & Judy Higgins

**Membership**  
Carolann Marlborough

**Parks**  
**Fountain Park**  
Paul McGrath

**Reflection Walk**  
Nicole Macaulay  
537-0589

**Publicity/Porch Talk**  
Sharon Rich  
porchtalk@portnorfolk.org

**Recreation**  
Heather McVey  
748-9007

**Ways and Means**  
OPEN

**Webmaster**  
Randy Smith  
webmaster@portnorfolk.org

**Welcoming**  
Erika Nestler  
399-4262

## Next Civic League Meeting

Port Norfolk Recreation Center at 432 Broad Street

**Thursday August 2, 2012 7:00 pm**

Our August Speaker is from the UP Center!  
*REMINDER: No meeting in July!*

*(Babysitters are available at meetings; please feel free to bring your children with you!)*

## Civic League News & Events

Participation isn't limited to League members ... Please join us!

### Port Norfolk BOO-yah! 5K & Fun Run Sunday, October 28th

- \* 9 am: 5k
- \* 10 am: Little Monsters Fun Run

The race starts at Fountain Park and winds through the streets of Port Norfolk before returning to Fountain Park for a post-race



celebration. Costumes are encouraged but not required. Links to the registration page and race route will be in the next issue of Porch Talk!

### Holiday Tour of Historic Homes: Sunday, December 2nd

We are looking for more houses to add to the 2012 line-up of gorgeous homes that will be decorated and open to visitors who eagerly anticipate this annual event!



In addition to the tour, we are looking for help with all that goes into planning such an important and prestigious event!

For more information, please visit our website and fill out a contact form if you'd like to volunteer your house or your time. Please contact Tammy Lifsey if you have any questions: (757) 399-2383

### Reflection Walk Brick Ceremony September 8th: 3pm - 5pm

Reflection Walk, which overlooks the Elizabeth River, is a sanctuary that honors the families, friends and caregivers whose lives have been touched by cancer. We have had several bricks ordered that will be placed in the park during the ceremony scheduled for September. If there is someone you would like to recognize, you still have time to order a commemorative brick for the brick laying ceremony. Orders will be accepted up until August 1st.

Please contact Nicole Macaulay at reflectionwalk@portnorfolk.org for more information.

**EMERGENCIES — PLEASE CALL 911. Non Emergencies: 393-5300**

**Port Norfolk's NEAT Officer is Kelly Funkhouser. Please contact her if you see anything suspicious (and not an emergency) happening in the neighborhood: (757) 235-5665**

For Board member email addresses, visit our website at [www.portnorfolk.org](http://www.portnorfolk.org)

# 2012 Port Norfolk Civic League Membership Form

Name: \_\_\_\_\_ Birthday Month(s): \_\_\_\_\_

Address: \_\_\_\_\_ Park Donation: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

\$5.00 fee per membership can be paid at a league meeting, or mailed to address below. Park donations should be noted as such and mailed to Port Norfolk Civic League, P.O. Box 7114, Portsmouth VA 23707.

## Birthdays

Wishing everyone who celebrates a birthday in July a spectacular day!



*Harris Alton, Ralph Batten, Walter Bell,  
Julia Duke, Stephanie Herman,  
Amy O'Donnell, Jordan Outland,  
Sharon Rich, Frank Williams,  
& Debra Wright*

Birthdays are obtained from the League membership list. If you would like to recognize someone's special day, please email [porchtalk@portnorfolk.org](mailto:porchtalk@portnorfolk.org)

## Port Norfolk Baptist Church July 4th Cookout!

There will be activities for families from 4-6pm at Fountain Park organized by church members, and dinner/desserts served at 6pm in the church lot. Please bring a side dish to share and really get into the community feeling! Side dishes can be brought to the church ahead of time. We will finish by 8pm so families can go to go to their favorite Fireworks locations. Activities and events will be FREE for all participants!

## Broad Street United Methodist Church Family Camp!

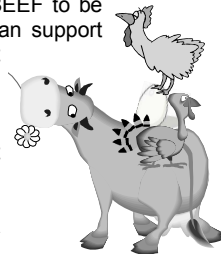
A FREE event, July 22nd -26th, from 6:00 - 8:30 pm. Come share dinner around the table, and participate in family group activities and studies to deepen relationships with each other and with God. All families are welcome! Nursery care is available for infants and toddlers. Call the church office at 397-6314 to register.

## Safety First!

Neighbors, please remember to lock your car doors and don't leave valuables in your vehicle. Leave your porch lights on at night. Lock up anything you value, don't leave it in your yard where anyone can take it. Don't invite crime by being careless, be careful and safe!

## The Chicken. The Egg. The Turkey. The BEEF!

It's grilling season! Time to get chicken and BEEF to be the best grill master you can be, PLUS you can support your local merchants and buy the healthiest food for your family at the same time! RBE Farms ([rbefarms.com](http://rbefarms.com)) offers locally grown, natural and antibiotic-free, pasture raised poultry, eggs, turkey and beef. Contact [rbefarm@mac.com](mailto:rbefarm@mac.com) to place your order and it's delivered right here to Port Norfolk! Tatjana Adam's house—107 Douglas Avenue—is a pick-up location.



## PoNo Light Show Contest!

In order to give everyone ample time to prepare, we're sharing a quick intro to an event that will debut this year: The PoNo Light Show! We are going to have an enormous "There Glows The Neighborhood" competition with prizes and awards in many different categories that will give you bragging rights for a full year! You may want to start your planning your decorations now! Keep an eye on our website and Porch Talk for more details soon!

## Our Local Foodbank Needs Your Help!

Did you know that the Foodbank feeds one out of four people in the region? They provide a very valuable service to the community, working in conjunction with local churches and nonprofit organizations to get food supplies to those in need. Unfortunately, tough economic times have slowed public donations, but also increased the need for the food that they provide. Now that school is out, that number has increased dramatically, because children who were getting fed through the meal programs at the schools are now relying on the Foodbank for food.

The Foodbank has been hit hard and they are pleading for help from the public. Because of the time of year, most people don't think about donating to the local food bank; many of us only remember during the winter months. But this is a very lean time for them and they could really use some support from the community. 50% of those served are children, who will receive nothing if the Foodbank doesn't get their food supplies replenished!

Please consider cleaning out your pantry and donating items you can sacrifice, or make a shopping trip for those in need. The Foodbank will also accept monetary donations, which you can do through their website: <http://www.foodbankonline.org/>

Because of their bulk purchasing power, every dollar you donate to the Foodbank purchases \$6.00 worth of food, so if you can donate money, please do! It's tax deductible, so you can do something for yourself at the same time you do a wonderful thing for many others! Please consider others during this time and help however you can. They need your help.



Leading the effort to eliminate hunger  
in our community

## Neighborhood Watch

**July 12th Meeting is cancelled - Captains will report to 45 Afton Parkway in Craddock for training with Crime Prevention this night!**

Here's the regular schedule for meetings and walks:

- \* 1st & 3rd Fri every month - 7:00pm Neighborhood walk (meet at Fountain Park)
- \* 2nd Thur every month - 7:00pm Neighborhood Watch Meeting (at Port Norfolk Church - corner of Mt. Vernon & Detroit)
- \* 4th Thur every month - 7:00pm Neighborhood Watch Meeting for Captains (at Port Norfolk Methodist Church - corner of Wesley & Broad)

\* *Sunday Walks have been cancelled.*



Look for Port Norfolk Online!

Website: [www.PortNorfolk.org](http://www.PortNorfolk.org)

On Facebook: Port-Norfolk

# PORCH TALK-JULY 2012

PORT NORFOLK CIVIC LEAGUE  
[porchtalk@portnorfolk.org](mailto:porchtalk@portnorfolk.org)