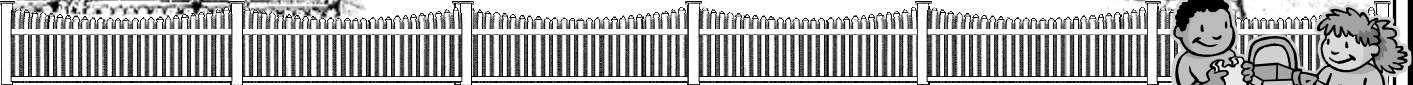




PORCH TALK

August 2013



Port Norfolk Civic League, P. O. Box 7114, Portsmouth VA 23707

Board Contacts

President
John Lifsey
399-2383

Vice-President
Amy O'Donnell
739-6433

Treasurer
Stephanie Herman
637-0081

Recording Secretary
Dorothy Parker
399-1498

Corresponding Secretary
Nicole Macaulay
412-7391

HPC/Stabilization
John Lifsey
399-2383

Environmental
Will Sanders
338-1347

Homes Tour
Tammy Lifsey, Judy Higgins &
Lynda Rafferty

Membership
Carolann Marlborough
537-0833

Neighborhood Watch
John Higgins
higgsafe@cox.net

Parks
Fountain Park
Paul McGrath
757-318-0658

Reflection Walk
Nicole Macaulay
412-7391

Publicity/Porch Talk
Sharon Rich
porchtalk@portnorfolk.org

Recreation
Heather McVey
748-9007

Ways and Means
Matt Hartman

Webmaster
Randy Smith
webmaster@portnorfolk.org

Welcoming
Erika Nestler
262-8430

Next Civic League Meeting

Port Norfolk Recreation Center at 432 Broad Street

Thursday August 1, 2013 7:00 pm

Our August speaker is Abby Weber, the Community Engagement Manager for the Foodbank of Southeastern Virginia. She will discuss the current needs of the Foodbank and what we can all do to help fight hunger in our community.

A babysitter will be provided, so please come to the meeting!

Civic League News & Events

Participation isn't limited to League members ... Please join us!

NEIGHBORHOOD WATCH REBOOT

Thanks to the efforts of many dedicated volunteers, Port Norfolk has an officially sanctioned Neighborhood Watch organization! This September will be a reboot/redesign of the program to stimulate membership and participation. The new program will consist of bi-monthly instead of monthly meetings, guest speakers, relevant training, organized walks and discussions on current issues.

Our new Portsmouth Police Dept. Neighborhood Watch Officer, Officer Sean Hughes, will be our guest speaker for the SEPTEMBER REBOOT! If you're currently a member or interested in becoming a member, come to the meeting. We are looking for new members and potential block Captains!

If you have questions, I can be contacted at crimewatch@portnorfolk.org.

Thank you,
John Higgins
NW Coordinator

"The larger the neighbor participation, the safer the neighborhood."

EMERGENCIES — PLEASE CALL 911. Non Emergencies: 393-5300

Port Norfolk's NEAT Officer is Kelly Funkhouser. Please contact her if you see anything suspicious (and not an emergency) happening in the neighborhood: (757) 235-5665

For Board member email addresses, visit our website at www.portnorfolk.org

2013 Port Norfolk Civic League Membership Form

Name: _____ Birthday Month(s): _____

Address: _____ Park Donation: _____

Phone: _____ Email Address: _____

\$5.00 fee per membership can be paid at a league meeting, or mailed to address below. Park donations should be noted as such and mailed to Port Norfolk Civic League, P.O. Box 7114, Portsmouth VA 23707.

Birthdays

Wishing everyone who celebrates a birthday in August an absolutely amazing day!



Sylvia Bray, Madalyn Grimes, Ralph James and Deanna Ponton

Birthdays are obtained from the League membership list. If you would like to recognize someone's special day, please email porchtalk@portnorfolk.org

WHOA, Speed Racers!

School is out and that means children playing in the neighborhood. Please, obey posted speed limits signs, stop at all intersections, just in case, and keep a vigilant eye out for the little ones who may not be so good about watching for you!

Port Norfolk Homeschoolers

Are you interested in meeting some of the other homeschoolers in the neighborhood and planning get-togethers? If so, please contact Joy via email at joyaag2@yahoo.com

2nd Annual BOO-yah! 5K & Little Monsters Fun Run!

Can you believe how fast October 19th is RACING up on us? October 19th? Race? I think you know where I'm going with this: That's RIGHT! It's the BOO-yah! 5K and Little Monsters Fun Run on October 19, 2013! And this year, the run is going to the DOGS! That's right, dance with wolves, run with your dog!

We will hold a "Pack the Truck" food drive and are asking all racers to bring non-perishable food items for the Foodbank. This race is a blast and a great incentive to whittle your middle before the holidays! Oh, and did we mention the post-race party featuring yummy food, raffle prizes, a dance party and costume contests for adults, kiddos and pooches? So sign up today to run or walk. Even better sign up as a team and save \$5 on registration! www.booyah5k.com

This race benefits the Port Norfolk Civic League and The Foodbank of Southeastern Virginia, so come out and have lots of ghoulish, I mean FOOLISH great fun while helping your community! Sign up now to make sure you get your official t-shirt and any remaining early bird discounts!

Chicken, Egg, Turkey, Duck and BEEF!

Summer's here ... GRILLIN' TIME! RBE Farm (rbefarm.com) can help you with that because they offer locally grown, natural and antibiotic-free, pasture raised poultry (chicken, turkey and duck!) eggs, and beef. You can support your local merchants and buy the healthiest food for your family at the same time! Contact rbefarm@mac.com to place your order and it's delivered right here to Port Norfolk! Tatjana Adam's house—107 Douglas Avenue—is a pick-up location.



FREE CURBSIDE RECYCLING IS HERE!

In order to preserve our landfill, the City has adopted a free, city-wide curbside recycling program! If we have 50% participation from our city, then we are saving our landfill for another 50 years! Bins are being delivered currently and will continue to be delivered through the middle of August.

The entire city of Portsmouth has been broken up into two different recycling pick-up schedules: Blue and White. Port Norfolk is on the White route, which means that our first day for recycling pick up is August 26th! Recycling will be picked up on the same day as trash, but unlike the trash, will be picked up every other week.

Why should you recycle? Recycling has both environmental and economic benefits. Recycling reduces the amount of waste generated by your household, saves landfill space, and reduces the amount of trash that is disposed at the Refuse Derived Fuel (RDF) plant. Also, recycling saves energy and natural resources (i.e., water, minerals, trees.), reduces air and water pollution, and creates markets for recyclable material!

Guidelines

- Don't bag recyclables
- All recyclables **MUST** be placed in cart
- Close cart lid completely
- Set cart for collection three feet from other carts
- Recycling carts are assigned to a property address. **DON'T** remove

Cans/Glass

- Aluminum cans
- Bottles & jars
- Food & Beverage Containers
- Juice & Milk Boxes
- Lids from jars and Metal cans
- Tin, Steel, Bi-metal cans

Plastics

- All containers: bottles & jugs
- Recycle codes 1-7 (marked on bottom of container)

Paper/Cartons

- Cardboard
- Catalog/magazines
- Cereal boxes
- Frozen food packages
- Junk mail
- Newspaper/inserts
- Paperback books
- Paper grocery bags
- Phone books
- Shoe boxes
- Shredded paper

DO NOT place the following inside recycling cart

- Hazardous materials • waxed containers • garbage • automotive fluids
- Garden chemicals or hoses • paint products • cleaners • fluorescent lamps
- Broken glass, window, mirror or plate glass • pie tins • light bulbs
- Used motor oil containers • plastic bags • Styrofoam™ • plastic toys
- Aerosol cans

For more information, call 757-393-8663, or visit us online at www.PortsmouthVa.gov/genserv

Thank you for recycling.



Look for Port Norfolk Online!

Website: www.PortNorfolk.org
5k Website: www.BOOyah5k.com
On Facebook: [Port-Norfolk](https://www.facebook.com/Port-Norfolk)
On Twitter: [@PNCLtweet](https://twitter.com/PNCLtweet)

